

QNUK Level 3 Award in First aid at Work +F (RQF)



Who is this for?

This qualification is typically delivered over 3 days.

It is for those working on Forestry Commission land who require a First aid at work qualification with an added forestry context.

The qualification includes practical elements undertaken in an outdoors environment.

Candidates need to be capable of performing first aid skills in an outdoor environment.

Key points

- ☐ Regulated qualification
- ☐ Meets HSE requirements
- ☐ 19 Guided learning hours (3 days)
- ☐ Valid for 3 years
- ☐ Certificate included
- ☐ Assessed by MCQs and practical observation

Course content

This qualification has been developed to meet the first aid training requirements outlined by the H.S.E. and the forestry commission.

- ☐ The course includes:
- ☐ What is first aid?
- ☐ First aid in a forestry setting
- ☐ Protecting a casualty in an outdoor environment
- ☐ Responsibilities of the first aider
- ☐ Unconscious casualty management
- ☐ Resuscitation
- ☐ Choking
- ☐ Shock
- ☐ Wounds and Bleeding
- ☐ Management of catastrophic bleeding
- ☐ Minor burns
- ☐ Seizures
- ☐ +F Elements
- ☐ Medical conditions
- ☐ Major injuries