

# QNUK Level 2 Award in Manual Handling at Work (RQF)



## Who is this for?

This qualification is typically delivered over 1 day.

The qualification introduces learners to the principles and practice of safer manual handling.

Attendees are expected to undertake a range of manual handling activities during the course.

## Key points

- ☐ Regulated qualification
- ☐ Written to the Manual Handling Operations Regulations
- ☐ 6 Guided learning hours (1 day)
- ☐ Recommended to be refreshed every 3 years
- ☐ Certificate included
- ☐ Assessed by MCQ and practical observation

## Course content

This qualification has been developed to provide the knowledge and skills to be able to undertake a range of handling operations in the workplace.

- ☐ Manual handling injuries
- ☐ Employers and employees responsibilities
- ☐ Steps of a manual handling risk assessment
- ☐ Practical controls
- ☐ Safer movement principles
- ☐ Equipment requirements
- ☐ Individual handling
- ☐ Team handling
- ☐ Use of equipment

The content has been written to meet guidance from the manual handling operations regulations.

This qualification forms the second part of the QNUK Level 2 Award in Principles of Manual Handling at Work (RQF) qualification.