

'Safety Through Knowledge'



Health & Safety Course information pack



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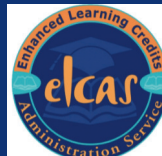


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MEET THE TEAM



Steve Mullan
CertIOSH
Managing Director

Welcome to SM Safety Training & Consultancy Ltd, we are a veteran run, quality-assured company dedicated to delivering expert health, safety, and environmental training and consultancy services. We pride ourselves on delivering gold award winning training and consultancy, ensuring businesses achieve compliance and operational efficiency.



Lee Williams
TechIOSH

Health & Safety Consultant and Trainer



Mark Errington
TechIOSH

Health & Safety Consultant and NEBOSH Trainer



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Lead NVQ IQA
First Aid Trainer and



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NEBOSH National General Certificate in Occupational Health and Safety

Who's it for?

Having the GNC is good for career prospects as it both boosts someone's standing in their current role and can help them progress. The qualification is:

- Relevant to every workplace
- Ideal for managers, supervisors, or anybody with health and safety management responsibilities
- Perfect for those embarking on a health and safety career

What will successful learners know?

With an in-depth focus on the things that matter, the GNC covers:

- How to effectively manage health and safety
- The UK's key legal requirements
- How to identify and control common workplace hazards
- How to measure success

What will successful learners be able to do?

Risk assessment is central to the GNC qualification. Through study and workplace application, successful learners will be able to:

- Confidently carry out risk assessments
- Develop and implement a detailed action plan
- Manage and minimise workplace risks
- Support and develop your company's health and safety culture
- Ensure their teams undertake their day to day activities more safely thanks to the awareness and knowledge gained

Assessment

The two-step assessment process, which checks what you know and can do, consists of:

- Course duration 10 plus 1 day Open book exam (OBE)
- An open book examination 24 hours to complete.
- A practical risk assessment NG2.

Both assessments are marked by external examiners appointed by NEBOSH. These examiners are chosen for their experience and expertise to ensure that learners are assessed by the very best from our industry.

What funding is available?

ELCAS Course Funding | Members of the Armed Forces are able to use their Enhanced Learning Credits (ELC) to fund up to 80% of the course cost up to £2000.

What are the Benefits?

Benefits of holding the NEBOSH General Certificate course include: Help to boost your career prospects; NEBOSH Certificates are valued by employers globally

- Associate Membership of IOSH (AIOSH) and meets the academic requirements for Technical Membership (TechIOSH)
- Become an Associate Member of the IIRSM (AIIRSM)
- Entitled to Technician Membership of the Institute of Fire Prevention Officers (TIFPO)

Course Cost £1250 + VAT

Total (£1500)

Payment plans available



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Who's it for?

Having the FSC is good for career prospects as it both

boosts someone's standing in their current role and can help them progress. The qualification is:

- Relevant to every workplace
- Ideal for managers, supervisors, or anybody with health and safety management responsibilities
- Perfect for those embarking on a health and safety career

The NEBOSH Certificate in Fire Safety is ideal for:

- Those responsible for fire safety in low to medium risk workplaces
- Health and Safety Managers
- Facilities Managers
- Health and safety representatives within businesses.

What will successful learners be able to do?

This focused qualification helps you learn and develop fire safety skills which can be applied in workplaces anywhere in the world.

On completion of this qualification, you will have the knowledge and skills to:

- Understand fire and explosion protection and prevention principles
- Carry out an effective fire risk assessment in a low to medium risk workplace.

Assessment

The two-step assessment process, which checks what you know and can do, consists of:

- Course duration 5 days plus 1 day Open book exam (OBE)
- This two-step assessment process consists of:
 - An open book examination: you will have 24 hours to complete this assessment
 - A practical fire risk assessment:

What funding is available?

ELCAS Course Funding | Members of the Armed Forces are able to use their Enhanced Learning Credits (ELC) to fund up to 80% of the course cost up to £2000.

Benefits for Employers

The NEBOSH Certificate in Fire Safety is a trusted qualification in the industry which can help you to:

- Ensure your organisation has valuable in-house fire safety expertise
- Build in-house capability to carry out a fire risk assessment of low to medium risk workplaces.
- Protect your people, buildings and business from harm
- Avoid the damaging and sometimes catastrophic losses that result from fire.

Course Cost £720 + VAT
Total (£900)





NEBOSH Health and Safety Management for Construction (UK) Certificate

This qualification will help learners and their organisations lay the foundations for healthier and safer construction.

Developed for those working in or moving into the construction industry, the NEBOSH Health and Safety Management for Construction (UK) Certificate is a practical qualification that gives learners the skills and confidence to take on health and safety responsibilities. Guided by legislation and focused on best practice, it helps learners apply knowledge in real construction environments.

Who is it for?

This qualification is suitable for anyone with responsibility for health and safety in construction, including:

- Construction site managers
- Contracts managers
- Site workers with health and safety responsibilities
- Construction health and safety advisors

It also makes excellent continued professional development for health and safety professionals working in other industries or those looking to move into construction.

What will I learn?

Studying this qualification will help you understand:

- How to recognise, assess and control a range of common construction hazards
- How to develop safe systems of work
- How to take part in incident investigations
- The roles, competencies and duties under construction legislation
- How to positively influence health and safety culture
- How to confidently challenge unsafe behaviours
- How to help manage contractors

How will it help me?

Aligned to the Construction (Design and Management) Regulations 2015, this qualification provides practical knowledge, practical skills and a globally respected qualification that will support you in your role by:

- Giving you the technical know-how to comply with legislation and implement best practice
- Providing practical skills to apply back in the workplace
- Giving you the confidence to influence colleagues to work more safely
- Helping you adapt to changing workplaces and sites
- Meeting the academic requirements for the issue of the 'Academically Qualified Person' CSCS Card.

This trusted qualification can also help employers ensure valuable in-house health and safety expertise, demonstrate commitment to health and safety, strengthen health and safety culture, and better understand the responsibilities of the six roles in the CDM Regulations.

Course cost: £1250 + VAT (£1500)





NEBOSH Environmental Management Certificate

This qualification will help learners and their organisations reduce environmental harm and make a positive impact in the workplace.

Developed as a solid technical and practical introduction to environmental management, the NEBOSH Environmental Management Certificate is designed for people who want to understand environmental issues and improve performance at work. It gives learners the knowledge and confidence to support good environmental practice and contribute to continual improvement within their organisation.

Who is it for?

This qualification is suitable for anyone with environmental management responsibilities at work. It is globally relevant and ideal for those who want to help their organisation manage both its positive and negative environmental aspects and support the implementation and continual improvement of effective environmental management systems.

What will I learn?

Studying this qualification will help you understand:

- How to justify environmental management in the workplace
- How to recognise which workplace activities may be subject to environmental legislation or enforcement
- How to assess environmental aspects and impacts and evaluate current controls
- How to support environmental emergency planning
- The importance of reducing environmental harm
- The issues associated with waste and its management
- The pros and cons of various energy sources and how to use them more efficiently.

How will it help me?

This qualification will allow you to:

- Understand a range of environmental issues so you can improve performance and reduce harm
- Work with an environmental management system and contribute to continual improvement
- Recognise environmental aspects and evaluate current controls
- Support decision-making with ethical, legal and financial arguments
- Understand the links between your organisation's activities and wider environmental issues.

This qualification can also help organisations meet legal responsibilities, reduce environmental impact, avoid reputational and financial damage from environmental incidents, reduce costs through efficient use of resources, and demonstrate a clear commitment to the environment that could help win new business.

Course cost: £750 + VAT (£900)





NEBOSH Certificate in Process Safety Management

Who's it for?

Having this certificate and training is good for career prospects as it both boosts someone's standing in their current role and can help them progress. The qualification is:

- Relevant to every workplace
- Ideal for managers, supervisors, or anybody with health and safety management responsibilities
- Perfect for those embarking on a health and safety career

This course is ideal for process operators, supervisors, managers, maintenance and engineering teams, health and safety advisors, and safety representatives who are responsible for managing or overseeing risk in high-hazard settings.

What will successful learners be able to do?

This qualification is for learners to gain a strong understanding of the key principles and practical strategies used to control process safety hazards. On completion of this qualification, you will have the knowledge and skills to:

- Process management systems
- Asset management and maintenance strategies
- Safe start-up and shutdown of process plant
- Performance standards for safety critical systems and equipment
- Hazards and controls for:
 - Chemical reactions
 - Bulk storage of dangerous substances
 - Fire and explosion
- The purpose and features of emergency plans

Assessment

The multiple-choice assessment must be accessed and completed via NEBOSH's Online Assessment Platform

- Course Duration: 5 days of expert-led training
- Exam: Open book assessment and is conducted on the last day of the course, you will have 24 hours to complete this assessment.

What funding is available?

ELCAS Course Funding | Members of the Armed Forces are able to use their Enhanced Learning Credits (ELC) to fund up to 80% of the course cost up to £2000.

Benefits for Employers

- Provides a solid entry point for those new to health and safety roles within process industries.
- Helps experienced HSE professionals deepen their knowledge and specialise in managing complex, high-risk operations.
- Enhances career prospects across a wide range of high-hazard sectors by demonstrating a commitment to process safety excellence.

**Course Cost £1000 + VAT
Total (£1200)**



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NEBOSH HSE Certificate in Health and Safety Leadership Excellence

Who's it for?

Having this certificate and training is good for career prospects as it both boosts someone's standing in their current role and can help them progress. The qualification is:

- Relevant to every workplace
- Ideal for managers, supervisors, or anybody with health and safety management responsibilities
- Perfect for those embarking on a health and safety career

It is designed specifically for current and aspiring leaders who want to strengthen their ability to influence, inspire and drive high standards of health and safety within their organisation.

What will successful learners be able to do?

On completion of this qualification, you will have the knowledge and skills to:

- Demonstrate the importance of health and safety leadership excellence
- Recognise indicators that can provide assurance to leadership teams that health and safety is being managed effectively
- Model good leadership to positively influence health and safety culture
- Recognise the impact of human failure on health and safety culture
- Understand the impact of mental short cuts, biases, habits, and beliefs on the decision-making process
- Demonstrate a range of appropriate leadership styles
- Integrate the five values and supporting foundations of the HSE's health and safety leadership model within their professional practice
- Practice effective leadership communication to build relationships with the workforce

Assessment

The NEBOSH General Certificate course runs for 10 days of training, followed by a 1-day open book exam (OBE).

- Course Duration: 1 days of expert-led training

The NEBOSH HSE Certificate in Health and Safety Leadership is assessed via reflective statements which delegates are tasked with producing throughout the course.

What funding is available?

ELCAS Course Funding | Members of the Armed Forces are able to use their Enhanced Learning Credits (ELC) to fund up to 80% of the course cost up to £2000.

Benefits for Employers

Show clear commitment to workplace health and safety by embedding safety into everyday decision-making.

Equip your teams with skilled and well-trained leaders who can boost morale, engagement, and collaboration.

Increase productivity and efficiency by minimising the risk of accidents, incidents, and injuries.

**Course Cost £200 + VAT
Total (£240)**



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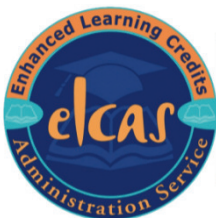
What is the NVQ Level 6 Diploma?

The NVQ Level 6 Diploma in Occupational Health and Safety Practice is a degree-level qualification designed for experienced professionals in the health and safety industry. Offered by SM Safety Training, this prestigious qualification allows you to advance your career by demonstrating your competence in a real-world work environment.

As one of the UK's leading vocational qualifications, the NVQ Level 6 is perfect for those who prefer a practical, evidence-based approach rather than traditional academic study. This distance learning and assessment program is not a taught course; instead, candidates build a work-based portfolio to showcase their existing knowledge and experience, making prior industry experience essential.

Accredited by ProQual, a globally recognised awarding body, this qualification equips health and safety practitioners with the critical skills needed to implement and manage safety procedures effectively. It offers a valuable opportunity to assess, improve, and enhance existing health and safety management systems, driving continuous improvement and ensuring compliance within the workplace.

Take the next step in your career with the NVQ Level 6 Diploma with SM Safety Training—your pathway to professional recognition and career growth.



Your NVQ Level 6 Journey

- Receive your confirmation email – Your NVQ journey officially begins!
- Schedule your induction meeting and get introduced to your NVQ Assessor.
- Develop your assessment plan and set clear progress milestones.
- Work through the NVQ units by providing evidence such as work products, knowledge responses, CPD records, and witness testimonies.
- Upon completing each unit, upload it online. Your NVQ Assessor will review your work, provide feedback, and guide you to the next steps.
- Schedule your Professional Discussion as the final requirement for your NVQ qualification.
- Your NVQ Assessor will submit your completed portfolio for final assessment.
- Receive your NVQ Level 6 Diploma Certificate and celebrate your achievement!

Course Cost £1250 + VAT Total (£1500)



What is ELCAS?

What are the steps?



What is ELCAS?

ELCAS (Enhanced Learning Credits Administration Services) is a UK Ministry of Defence scheme that funds Level 3+ qualifications, such as NEBOSH and NVQs in Health and Safety, to help service members develop skills and transition into civilian careers.

How to Submit Your ELCAS Claim, Scheme steps:

- ▶ **Step 1:** Contact us if you would like advice choosing a course or need further information about one you have selected.
- ▶ **Step 2:** Complete an ELC claim form via ELCAS website.
- ▶ **Step 3:** Once approved, you will receive a Claim Authorisation Note (CAN). Please send a copy of this to us asap.
- ▶ **Step 4:** Complete our online booking form for the training course you have received ELCAS funding for.
- ▶ **Step 5:** Complete any remaining course payments.

Once we receive your Claim Authorisation Note (CAN), booking form and course payment, we will contact you to arrange a suitable date and venue.

If you need advice about selecting your course or assistance to apply for ELCAS funding for health and safety training, please contact one of our SM Safety Training Health & Safety advisors.

ELCAS Bundle Packages

Join the courses together



Bundle Package 1

- **SMNG01** - NEBOSH General Certificate - £1500
- **SMFSC01** - NEBOSH Fire Safety Certificate - £900

Personal contribution - £480



Bundle Package 2

- **SMNG01** - NEBOSH General Certificate - £1500
- **SMFSC01** - NEBOSH Fire Safety Certificate - £900
- **SMMSW01** - NEBOSH HSE Managing Stress at work - £250

Personal contribution - £650

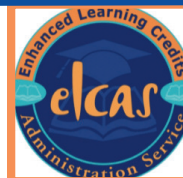


Bundle Package 3

- **SMNG01** - NEBOSH General Certificate - £1500
- **SMPSM01** - NEBOSH Certificate in Process Safety Management - £1200

Personal contribution - £540

All personal contributions can be paid with your IRTC resettlement funding of £536, you can pay it as one payment or you could split the payment over either 3 months, 6 months or 10 months interest free to help with your resettlement.



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ELCAS Bundle Packages

Join the courses together



Bundle Package 4

- **SMNG01** - NEBOSH General Certificate - £1500
- **SMEHC01** - NEBOSH Environmental Management Certificate- £900

Personal contribution - £480

Bundle Package 5



- **SMNG01** - NEBOSH General Certificate - £1500
- **SMFCC01** - NEBOSH Fire Safety Certificate - £900
- **SMCN01** - NEBOSH Construction Management (UK) - £1500
- **SMEHC01** - NEBOSH Environmental Management Certificate- £900

Total cost £4800

Personal Contribution - £960

Make your own bundle by Pick 'n' Mixing

All personal contributions can be paid with your IRTC resettlement funding of £536, you can pay it as one payment or you could split the payment over either 3 months, 6 months or 10 months interest free to help with your resettlement.



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ELCAS Bundle Packages

Join the courses together



Bundle Package 6 - Manager package

- **SMNG01** - NEBOSH General Certificate - £1500
- **SMFSC01** - NEBOSH Fire Safety - £900
- **SMMSW01** - NEBOSH HSE Managing Stress at work - £250
- **SMSHSL01** - NEBOSH HSE Certificate in Health and Safety Leadership Excellence - £240

Personel contribution - £890



Bundle Package 7

- **603/3106/9** - Pro Qual Level 6 NVQ Health and Safety - £1500
- **SMMSW01** - NEBOSH HSE Managing Stress at work £250
- **SMSHSL01** - NEBOSH HSE Certificate in Health and Safety Leadership Excellence - £240

Personal contribution - £398

Make your own bundle by Pick 'n' Mixing

If these bundles do not work for you, pick the courses you want and customise your package from the following courses:

- NEBOSH General Certificate
- NEBOSH Fire Safety
- NEBOSH Construction Management.
- NEBOSH Enviromental Management
- NEBOSH HSE Managing Stress at Work
- NEBOSH HSE Certificate in Health and Safety Leadership Excellence
- Pro Qual Level 6 NVQ Health and Safety
- NEBOSH Certificate in Process Safety Management



NEBOSH HSE Introduction to Incident Investigation

NEBOSH and Great Britain's Health and Safety Regulator, the Health and Safety Executive (HSE), have joined forces to develop a one-day qualification that shows how non-complex incidents can be investigated effectively.

By learning lessons and making improvements, organisations can avoid similar incidents occurring in the future.

Who should take the NEBOSH HSE Introduction to Incident

Investigation?

This qualification is for anyone who wants to carry out incident investigations effectively. Employers, supervisors, SHE champions, union and safety representatives will benefit.

What will I be able to do after taking this qualification?

- Independently investigate simple incidents
- Gather evidence, including conducting witness interviews
- Produce an action plan to prevent a recurrence of an incident
- Contribute to team investigations for large-scale incidents
- Positively impact the safety culture in your organisation

What will my employer gain from this qualification?

- Drive down repeat incidents – learn lessons so it doesn't happen again
- Confidence that your organisation's approach to investigations is robust
- Improved safety culture by encouraging a proactive approach to incident investigation
- Build in-company expertise

What does the course cover, and how is it assessed?

The one-day NEBOSH HSE Introduction to Incident Investigation covers the following topics:

- Moral, legal and financial arguments for investigations
- Human and organisational factors that can contribute to an incident
- The process for investigating incidents
- Positive interview strategies and the barriers to successful interviews

A practical assessment is completed at the end of the course.

You will be provided with a pack of evidence and shown a video of three witness interviews.

You will be asked to review the evidence, evaluate each interview and produce an action plan that will help prevent a recurrence of an incident.

Course cost: £250 + VAT (£300)





NEBOSH HSE Certificate in Managing Stress at Work

This qualification will help learners and their organisations reduce one of the biggest causes of work-related ill health: stress.

Developed with the Health and Safety Executive (HSE), the health and safety regulator for Great Britain, the NEBOSH HSE Certificate in Managing Stress at Work aims to help you identify and reduce workplace stressors in order to create a positive, healthier workplace.

Who is it for?

This qualification is suitable for anyone responsible for employee wellbeing or for managing workplace stress, including :

- Health and Safety professionals
- Human Resource professionals
- Line managers and supervisors
- Occupational health professionals

What will I learn?

Studying this qualification will help you understand:

- The key principles of work-related stress and its relationship to mental ill health issues
- How to recognise the causes and effects of workplace stress
- The responsibilities of employers and individual roles in managing workplace stress
- How to apply the HSE's Management Standards approach to assess stress risks in the workplace
- How to develop suitable interventions to address stressors, reduce negative impacts, and manage the effects of stress in the workplace
- Ways to continually improve your organisation and create a great place to work.

How will it help me?

Developed with the expertise of HSE's organisational psychologists, this the qualification will provide you with in-depth, best-practice learning, which will allow you to make an impact in your role by:

- Understanding the six key areas of work design, which can cause stress
- Learning how to establish a framework to manage and address stress in your workplace
- Understanding how to identify early warning signs and provide support to individuals
- Learning about strategic interventions that address the root causes of stress in your organisation

This qualification will give you confidence that your team is trained in HSE's current approach to managing and controlling stress at work. By adopting the principles taught in this qualification, you can empower your employees to create a positive workplace, and significantly reduce the causes and effects of workplace stress.

Course cost: £250 + VAT (£300)



NEBOSH HSE Certificate in Manual Handling Risk Assessment

NEBOSH HSE Manual Handling

NEBOSH has joined forces with Great Britain's Health and Safety Regulator, the Health and Safety Executive (HSE), to develop the NEBOSH HSE Certificate in Manual Handling Risk Assessment.

The NEBOSH HSE Certificate in Manual Handling Risk Assessment will help you to identify and assess manual handling risk, and more importantly, prioritise control those risks to protect workers. It also covers how to apply the HSE's manual handling risk assessment tools (MAC and RAPP) as well as what makes a risk assessment suitable and sufficient.

Who is the NEBOSH HSE Certificate in Manual Handling Risk Assessment for?

The NEBOSH HSE Certificate in Manual Handling Risk Assessment course is ideal for managers, safety representatives, health and safety advisors & professionals, and employee representatives who are involved with assessing and addressing manual handling risks.

This course is ideal for anyone responsible for manual handling tasks within the workplace. You will learn how to carry out manual handling tasks effectively, understand how to perform a manual handling assessment, and better utilise the HSE manual handling tools and templates.

Course Program

The NEBOSH Unit MHR1: Assessing Manual Handling Risk course is composed of 3 elements:

- Principles of manual handling: You will explore why manual handling should be avoided where possible, the moral, business and legal reasons for assessing and managing it. Finally, you will explore the common types of injuries that can arise due to manual handling.

Managing manual handling risk: Control of risk
You will learn how to avoid manual handling risks thanks to the use of mechanical assistance. You will also deepen your knowledge of good manual handling techniques.

Learning Outcomes

The NEBOSH HSE Certificate in Manual Handling Risk Assessment enables learners to understand legal responsibilities, identify manual handling risks, and carry out effective risk assessments using recognised techniques. It also develops wider risk management skills for controlling manual handling hazards. This qualification helps organisations protect staff from musculoskeletal injuries and ensures manual handling risk assessments follow HSE best practice using approved tools and templates.

Course Cost £140 + VAT Total (£168)

Use your SLC and only pay £28



NEBOSH HSE Award in Managing Risks & Risk Assessment at Work

Develop straightforward, practical health and safety risk management skills so you can go beyond risk assessment to effectively control the health and safety risks caused by hazards in your workplace.

Who is it for?

Anyone involved in managing workplace health and safety risks, including those who undertake risk assessments.

The content will be particularly useful to employers, managers, supervisors, SHE champions and union and health and safety representatives.

What will I learn?

The NEBOSH HSE Award in Managing Risks and Risk Assessment at Work is an introductory level qualification, developed in conjunction with the health and safety regulator for Great Britain, the Health and Safety Executive (HSE). It is structured around HSE's approach to controlling the risks caused by workplace hazards.

You will learn how to:

- Identify hazards and be aware of some of the resources that can help
- Assess risks in low to medium-risk premises using simple HSE tools
- Evaluate risks in a proportionate and sensible manner
- Identify suitable control measures

How will it help me?

This qualification will help you:

- Develop straightforward practical skills to manage workplace risks; something all employers need
- Build confidence in your risk assessment capabilities
- Contribute to the creation of a safer and healthier workplace as soon as you return to work

Advantages for employers

The NEBOSH HSE Award in Managing Risks and Risk Assessment at Work will help you to:

- Have confidence as your team will be trained in HSE's current approach to health and safety risk management
- Ensure your organisation has valuable in-house risk management expertise
- Upskill your teams so they can carry out risk assessments in the right way and to the right standard
- Create a safe and healthy work environment

How is the qualification assessed?

A practical assessment is completed at the end of the course. You will be asked to watch a video of a real workplace and complete a risk assessment to identify how you would manage and prioritise the risks present.

Course cost: £250 + VAT (£300)



Managing Safely

Every manager needs an understanding of their safety and health responsibilities

Managing Safely is unlike any other course. You'll find a practical programme, full of step-by-step guidance, and a sharp business focus. But you'll also find that the highly innovative format and content engages and inspires your staff – critical to getting safety and health embedded across the whole organisation.

Who is Managing Safely for?

Managing Safely is designed for managers and supervisors in any sector and any organisation worldwide. They won't suddenly become safety experts –but they'll get up-to-speed on the practical actions they need to take, and gain the knowledge and tools to tackle the safety and health issues they're responsible for. Importantly, Managing Safely makes a powerful case for safety and health being an integral part of day-to-day management and business.

What does the business get?

- Peace of mind from training that's designed and quality-controlled by the Chartered Body for safety and Health Professionals, IOSH
- Flexibility – the programme can be delivered flexibly so that it suits your business
- Efficient and effective learning –health, safety and environmental basics are covered in a single programme
- Globally-recognised, respected and certificated training for your managers and supervisors

Memorable and thought-provoking facts and case studies from across the globe help drive the points home over the whole course. Each module is backed by crystal-clear examples and recognisable scenarios, and summaries reinforce the key learning points.

Managing Safely covers...

- Assessing risks
 - Controlling risks
 - Understanding responsibilities
 - Understanding hazards
 - Investigating incidents
 - Measuring performance
- Successful delegates are awarded an IOSH Managing Safely certificate.

What results can I expect?

- Greater productivity, from fewer hours lost due to sickness and accidents
- Improved company-wide safety awareness culture and appreciation of safety measures
- Active staff involvement to improve the workplace
- Enhanced reputation within your supply chain

Course Cost £240 + VAT Total (£300)

Use your SLC and only pay £105



The IOSH Working Safely one-day training course is for all employees. It meets the government's guidelines for introductory health and safety training and conforms to the Health and Safety Executive's Passport Scheme syllabus.

Who should attend?

This course is for employees from any industry sector who have no supervisory or managerial responsibilities.

Candidates need a basic command of English (defined as Level 2). While we are often able to provide support to people who do not have English as a first language, our ability to do so is limited by the time available and the number of people who require assistance. We may be able to make special arrangements if requested in advance. Please contact us if you need any guidance.

Booking for large numbers of students? Have a look at on-site training options.

Why do an IOSH course?

Research from the HSE shows that in the UK alone, workplace injury and illness is costing the economy nearly £15 billion every year. IOSH courses provide insights and practical tools so that individuals and organisations can create safer and healthier working environments. By promoting a safety and health culture in which everyone plays their part, our courses help to reduce sickness absence, improve productivity and bring about other organisational benefits.

Working Safely course cover's

- An outline of occupational safety
- and health
- Defining hazard and risk
- Identifying common hazards - Improving safety performance
-

What results can I expect?

- Greater productivity, from fewer hours lost due to sickness and accidents
- Improved company-wide safety awareness culture and appreciation of safety measures
- Active staff involvement to improve the workplace
- Enhanced reputation within the supply chain

Course cost: £120 + VAT (£144)

Course duration 1 Day



Course Dates

Online TEAMS-based course dates 2026

NEBOSH National General Certificate in Occupational Health & Safety (GNC) £1500 ELCAS Code: SMNG001

- 23 Mar - 3 Apr 2026 Exam Date: 08/04/2026
- 20 Apr - 1 May 2026 Exam Date: 06/05/2026
- 18 May - 29 May 2026 Exam Date: 03/06/2026
- 22 June - 3 July 2026 Exam Date: 08/07/2026
- 24 Aug - 4 Sept 2026 Exam Date: 09/09/2026
- 21 Sept - 02 Oct 2026 Exam Date: 07/10/2026
- 12 Oct - 23 Oct 2026 Exam Date: 04/11/2026

NEBOSH Certificate in Fire Safety (FSC 1 & FSC2) £900 ELCAS Code: SMFSC01

- 06 – 10 Apr 2026 Exam Date: 06/06/2026
- 27 – 31 July 2026 Exam Date: 05/08/2026
- 26 - 30 October 2026 Exam Date: 04/11/2026

NEBOSH HSE Managing stress at work course £250 ELCAS Code: SMMSW01

- 13 April 2026 Exam Date: 13/04/2026
- 04 May 2026 Exam Date: 04/05/2026
- 15 June 2026 Exam Date: 15/06/2026
- 06 July 2026 Exam Date: 06/07/2026
- 03 August 2026 Exam Date: 03/08/2026
- 16 September 2026 Exam Date: 16/09/2026
- 05 October 2026 Exam Date: 05/10.2026
- 02 November 2026 Exam Date: 02/11/2026
- 14 December 2026 Exam Date: 14/12/2026

NEBOSH Certificate in Process safety Management £1200

ELCAS Code: SMPSM01

- 08 - 12 June 2026 Exam Date: 12/06/2026
- 07 - 09 Sept 2026 Exam Date: 09/09/2026
- 09 - 13 Nov 2026 Exam Date 13/11/2026
- 07 – 11 December 2026 Exam Date: 11/12/2026

NEBOSH HSE Certificate in Health and Safety Leadership £240

- 15 April 2026 Exam Date: 15/05/2026
- 17 June 2026 Exam Date: 17/06/2026
- 07 July 2026 Exam Date: 07/07/2026
- 18 August 2026 Exam Date: 18/08/2026
- 14 Sept 2026 Exam Date: 14/09/2026
- 06 Oct 2026 Exam Date 06/10/2026
- 16 December 2026 Exam Date: 16/12/2026

NEBOSH HSE Introduction to Incident Investigation £250

- 18 June 2026 Exam Date: 18/06/2026
- 04 August 2026 Exam Date: 04/08/2026
- 08 October 2026 Exam Date: 08/10/2026
- 15 December 2026 Exam Date: 15/12/2026

NEBOSH Environmental Management Certificate £900

ELCAS Code: SMEMC

- 11 May - 15 May 2026 Exam Date: 03/06/2026
- 17 Aug - 21 Aug 2026 Exam date: 09/09/2026
- 09 Nov - 13 Nov Exam Date: 09/12/2026

NEBOSH Construction Certificate £1500

ELCAS Code: SMCN01

- 07 July 2026 Exam Date: 07/07/2026
- 06 October 2026 Exam Date: 06/10/2026



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